

Do I Need a Test for CVI?



Chronic Venous Insufficiency (CVI) is a serious circulatory problem in which the leg veins cannot pump enough blood back to your heart. It affects over 2.5 million Americans, most over the age of 40. Symptoms of CVI include varicose veins, skin problems, leg and ankle swelling, tight calves, and legs that feel heavy, tired, restless, or achy. Factors that can increase the risk of CVI include pregnancy, obesity, and smoking, standing or sitting for long periods of time and not getting enough exercise. Answers to these questions will determine if you are at risk for CVI and if a vascular exam will help us better assess your vascular health status.

Name: _____ Chart# _____ Date: _____

Circle "Yes" or "No":

1. Are your legs swollen, painful, red or warm to the touch? (451.0) Yes No _____
2. Have you had a blood clot in a vein that caused inflammation, pain or irritation? (451.2) Yes No _____
3. Do you have varicose veins (veins that are enlarged or swollen and raised above the surface of the skin) in the legs? (454.0-454.9) Yes No _____
4. Have you had a Deep Vein Thrombosis (DVT) in the past and are experiencing pain, swelling, changes in skin color, cellulites, or non-healing ulcers? (459.10-459.19) Yes No _____
5. Do your legs feel heavy, tired, restless or achy? (459.31-459.39) Yes No _____
6. If you push on your swollen foot, ankle or leg for 10 seconds and release, does your fingerprint leave a dimple? (459.81) Yes No _____
7. If your feet, ankles and legs are swollen, does the skin look stretched or shiny? (459.81) Yes No _____
8. Do you have an ulcer on the inside of your ankle? (707.10-707.19) Yes No _____

Patient Signature: _____ Doctor _____