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HOME INSTRUCTIONS FOR REMOVAL OF INGROWN TOENAIL

General Information: Expect for your toe(s) to remain numb for 6-12 hours after the procedure.

Bleeding: Slight bleeding, discoloration and drainage are normal. Call if your toe becomes red, swollen, odorous, or has a large amount of bleeding.

Discomfort: There is typically only mild discomfort with this procedure. If you are experiencing significant pain the day of the procedure, please call our office. You may take Tylenol, Ibuprofen, and Aleve as directed on the package. If the pain and discomfort is not controlled adequately, contact our office.

Bandage Removal: Carefully remove the dressing and replace with Foam dressing with adhesive border 1x3, 2x2, 2x4's or any size to cover the wound.

DO NOT WASH. DO NOT APPLY HYDROGEN PEROXIDE, TRIPLE ANTIBIOTIC OINTMENT OR ALCOHOL.

Applying Dressings: Foam dressing with adhesive borders are to remain dry along with the injured site. You will be dispensed twelve per wound per month.

DO NOT GET DRESSINGS WET.

Waterproof protection/ shower boots are available at the office.

When placing Foam dressing with adhesive border mark an outline of wound on top of dressing. When the drainage passes marking, replace dressing with another. This may allow you to leave the dressing on up to but **not exceeding three days.**

DO NOT GET TOE OR DRESSINGS WET. Waterproof protection boot is available at the office.

1. First 4 dressings changed each day for four days.
2. Second set of 4 change every other day for eight days.
3. Return visit to office for 2 week recheck.
4. Third set of 4 change every third day.

Explanation: You have been dispensed Foam dressing with adhesive border for lesion to provide a warm moist, healing environment to promote formation of granulation tissue and re-epithelialization. This helps to facilitate the healing process by promoting the concentration of the body's naturally produced growth factors, nutrients and regenerated cells in the wound bed. You were instructed on the proper use of the dressing. These dressings are to be changed when you see 70% saturation of dressing or in 3 days, whichever comes first. You were instructed to keep the dressings dry and were given either 1x3 or 2x2 dressings and 12 dressings per lesion.

Appointment: Please call and make an appointment in two weeks. Contact our office at 316-269-3338, if you have any questions or problems.