When a patient arrives concerned about a multitude of pathologies, our verbiage should be something like this:

Today we need to focus on ______ as this is the most pressing issue. As the other issues are important as well, (this important statement validates the patient's concerns) I am going to establish a Care Plan or step- wise approach to the other issues. By doing this, we can provide the best treatment for you (this statement establishes the patient's interest-based approach and not your interest).

Then you can outline the plan for the patient (the first visit, second visit, etc)

This is always flexible if patient is driving from long distances, but provider with use their best judgment on these items