



Plantar Fasciitis Visit 4

History - MA

Vitals

CC: Heel Pain followup

BP

Respirations

Pulse

Ask if there is any change in medications or health status

All better

Continue exercises

Discontinue NSAIDs

Schedule orthotic eval

Address the cause of Plantar fasciitis to prevent return

Some better

Cortisone injection #3

Continue NSAID

Strapping

Schedule orthotic eval

Discuss microvas, shockwave and surgery

Follow up in two weeks

Deposit medication where the inflammation is

Continues improvement

Allows the injection to work better by resting the ligament

Address the cause of Plantar fasciitis to prevent return

No better

Discuss Microvas, shockwave therapy, and surgery options