



Neuroma Visit 2

History - MA

Vitals

CC: Neuroma followup

BP

Respirations

Pulse

Ask if there is any change in medications or health status

All better

Continue exercises

Discontinue NSAIDs

Discuss custom orthotics

Addresses the cause of inflammation from the neuroma and prevents its return

Some better

Cortisone injection

3 cc syringe 25 gauge 1.25 inch needle
.75 cc 1% Lidocaine plain .75 cc Marcaine
1cc Celestone

Deposit medication where the inflammation is

Continue NSAID

Continues improvement

Follow up in two weeks

Deposit medication where the inflammation is

No better

Cortisone injection

3 cc syringe 25 gauge 1.25 inch needle
.75 cc 1% Lidocaine plain .75 cc Marcaine
1cc Celestone

Continue NSAID

Continues improvement

Follow up in two weeks

Deposit medication where the inflammation is