

#1131 Apex® Foot Measuring System

DIRECTIONS FOR PROPERLY MEASURING SHOE SIZE

STEP 1: FOOT PLACEMENT

Slide the WIDTH BAR to the widest position and the HEEL TO BALL INDICATOR back, to easily position the foot on the measuring system. With the person sitting, place the right heel into the right heel cup. The person should then stand with equal weight on both feet and parallel to each other to ensure that the foot being measured has elongated and spread to its correct size.

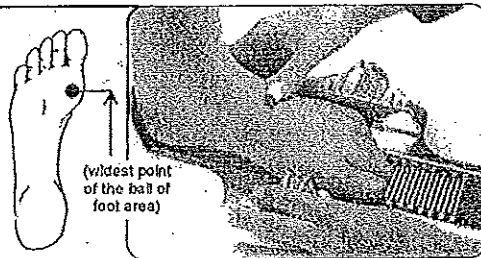
STEP 2: MEASURE HEEL TO TOE LENGTH

Press the toes flat against the base of the system and look straight down over the longest toe (*not necessarily the first toe*) to read toe length.



STEP 3: MEASURE HEEL TO BALL LENGTH

Push the HEEL TO BALL INDICATOR parallel to the widest point of the ball-of-foot area. This yields the *heel to ball* measurement. The *heel to ball* measurement helps ensure that the ball-of-the-foot fits properly in the widest part of the shoe. Also, shoes are designed to flex just past the ball-of-the-foot.



STEP 4: FIND THE CORRECT SHOE SIZE

Compare the *heel to ball* length to the *heel to toe* length and use the larger of the two lengths as the shoe size.

STEP 5: MEASURE THE WIDTH

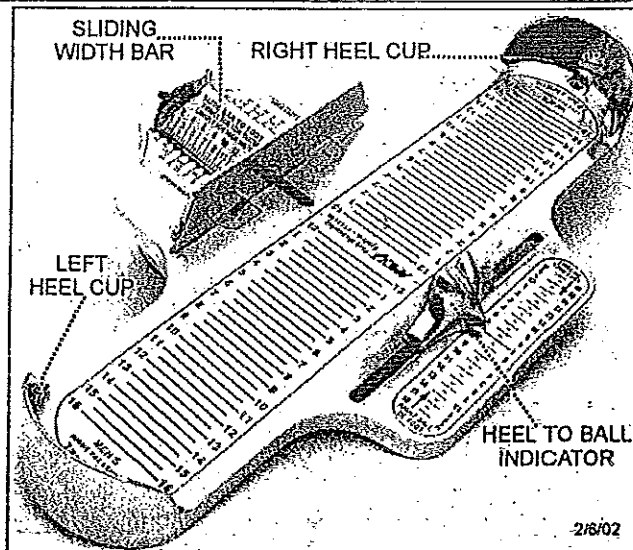
Slide the WIDTH BAR firmly against the foot. Locate the person's shoe size (*as determined in step four*) on the width bar and match it to the appropriate width measurement. If the shoe size falls between widths, choose a wider width for a thick or high instep foot, or a narrower width for a thin foot.

STEP 6: MEASURE THE OTHER FOOT

Reverse the Apex Foot Measuring System and measure the other foot as described above. Be sure to measure both feet, then choose the size of the larger foot. It is common to have feet of different sizes.

When used properly, the Apex Foot Measuring System is designed to indicate the correct shoe size. This is the first step in the fitting process.

NOTE: Some devices have men's & women's dual calibrations for the heel-to-toe, heel-to-ball, and width measurements. See the illustration to the right to view the various parts of the Apex Foot Measuring System.



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