



Gout Visit 3

History - MA

Vitals

BP

Respirations

Pulse

CC: Gout followup

Ask if there is any change in medications or health status

All better

Discontinue NSAIDs

Discuss Allopurinol

Continue compound for 2 weeks

Follow up as needed

Prevents future gout episodes. Not necessary if first time with attack

Some better

Continue NSAID

Cortisone Injection

Continue compound

Discuss MRI findings (if applicable)

Follow up in 2 weeks

Continues improvement

3 cc syringe 25 gauge 1.25 inch needle
.75 cc 1% Lidocaine plain .75 cc Marcaine
1 cc Celestone

Important to ensure gout is fully resolved

No better

Continue NSAID

Continue compound

Discuss MRI results

Cortisone Injection

Refer to Rheumatologist

Continues improvement

3 cc syringe 25 gauge 1.25 inch needle
.75 cc 1% Lidocaine plain .75 cc Marcaine
1 cc Celestone

Arthritis and joint specialist