Ulcer Visit 1

- Have instruments in drawer
  - X-Ray
    - AP and lateral weightbearing
  - Neurological exam
    - Semmes-Weinstein exam
  - Vibratory perception
  - Hot/cold exam
  - Two point discrimination
- Vascular exam
  - Assess pulses
  - If absent or weak, schedule PADnet
- Orthopedic examination
  - Document foot deformity
  - Orthopedic examination
  - Identify risk factors of further ulcer formation
- Dermatologic examination
  - Photograph wound
  - Document
  - Add to chart for date of visit
  - Assess wound
    - Use single use ruler
    - Length/width/depth in mm
    - Assess wound
    - Debride wound
      - Remove all devitalized tissue
      - Allows for proper healing
    - Document level of debridement
    - Prescribe/Dispense Wound Care Products
      - No Drainage
        - Hydrogel gauze
        - Collagen gel
      - Moderate/severe drainage
        - Collagen powder
        - Collagen pad
        - Alginate
        - Foam
    - Offload wound
      - Cam boot
      - Removes pressure that forms the wound
      - Total Contact Cast
        - CBC
        - Comprehensive metabolic panel
  - Lab Tests
    - CBC
    - Hb A1c
      - If diabetic
  - Patient Education
    - Follow up in 2 weeks
  - Is Patient Diabetic?
    - How long?
    - Control?
    - Diet
    - Oral med
    - Insulin
    - Last blood sugar
    - Last Hemoglobin A1c
    - Last time they saw their Physician
  - Add diabetic history CC
  - Vitals
    - BP
    - Respirations
    - Pulse
    - Height/Weight
  - Allergies
  - Medication History
  - Past Medical History
  - Past Surgical History
  - Family history
  - Social history
  - Review of Systems

Clinical infection?
- Document
- Culture wound
- Prescribe antibiotics
  - Levaquin 500 mg #10 once daily
  - Augmentin 875 mg #20 bid
  - Clindamycin 300 mg #30 tid