



## Bunion/Tailor's Bunion Visit 2

### History - MA

CC: Bunion followup/Tailor's Bunion followup

#### Vitals

BP

Respirations

Pulse

Ask if there is any change in medications or health status

### All better

Discontinue NSAIDs

Discuss custom orthotics

Prevents the bunion from worsening

Schedule for orthotics evaluation

### Some better

Continue NSAID

Continues improvement

Cortisone Injection

3 cc syringe 25 gauge 1.25 inch needle  
.75 cc 1% Lidocaine plain  
.75 cc Marcaine  
1 cc Celestone

Discuss custom orthotics

Prevents the bunion from worsening

Discuss surgical correction

Schedule surgery or orthotics evaluation

If planning on scheduling surgery in near future,  
wait to schedule orthotic evaluation until after  
patient recovers

### No better

Continue NSAID

Continues improvement

Cortisone Injection

3 cc syringe 25 gauge 1.25 inch needle  
.75 cc 1% Lidocaine plain  
.75 cc Marcaine  
1 cc Celestone

#### Blood tests

CBC with diff

Comprehensive metabolic panel

Sed Rate

Rheumatoid Factor

ANA

CRP

Blood Tests to rule out arthritis and other causes of joint pain

Discuss surgical correction

Discuss custom orthotics

Schedule surgery