

Central Kansas Podiatry Associates

State of the Art Podiatric Care

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Amerigel Post OP Nail Kit Surgical

GENERAL INFORMATION:

Stay off your feet as much as possible today. You may wear any shoe, sandal or open toe footwear that does not squeeze, constrict or put pressure on your toe(s). Your toe(s) may remain numb for up to 6-10 hours after the procedure. Please contact our office if you have any questions or concerns 316-269-3338.

Bleeding: Slight bleeding, discoloration and drainage are normal.

Discomfort: You can elevate your foot to help alleviate minor swelling, bleeding and discomfort. You may also take Aspirin, Tylenol or other over-the counter pain relievers as directed on the package. If pain or discomfort is not controlled adequately, then contact our office.

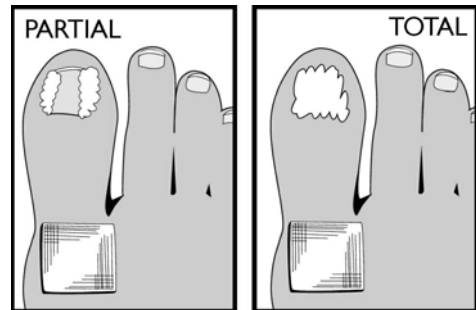
Removing the surgical bandage: Starting the second day after surgery. Apply toe cap over toe and dressing to keep Toe dry in the shower. Remove toe cap after shower and remove dressing. If the gauze or bandage sticks to the area, dampen it with water with the bandage in place. This will make it easier to remove with minimal or no discomfort.

TOE CAP SHOULD ONLY BE WORN DURING SHOWER. DRESSING SHOULD BE CHANGED ONCE DAILY FOLLOWING BATHING.

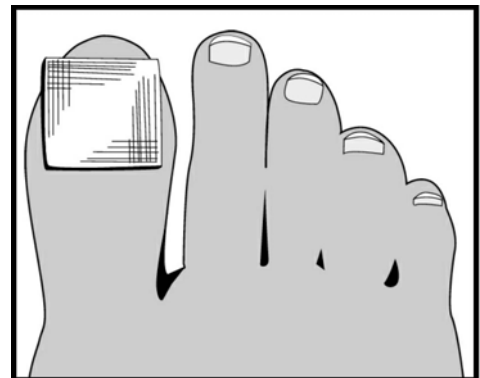
Cleansing the wound: Place enough 2x2 gauze(s) to cover the entire wound bed and saturate it with Wound Wash. Pick up the gauze with your fingers or tweezers and dab the wound for 1-2 minutes. Discard the gauze and then squirt the Wound Wash directly into the wound bed to rinse out any loose matter. Blot the wound dry with a clean piece of gauze. The wound is now cleansed and ready for application of AmeriGel® Wound Dressing.

CHANGING THE DRESSING:

Step 1: After showering or bathing, blot the surgical site (nail bed) dry and apply a liberal amount of AmeriGel Wound Dressing. **Stinging may occur and is normal.**



Step 2: Cut a suitable size piece of gauze to fit directly over the entire surgical area.



Step 3: Secure gauze in place with a band-aid. **IMPORTANT:** The band-aid should be applied around the toe resembling a ring. **When dressing a toe, apply band-aid loosely.**

