

**CENTRAL KANSAS PODIATRY ASSOCIATES
STATE OF THE ART PODIATRIC CARE**

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AMERIGEL® POST-OP SURGICAL KIT

Instructions following Skin Biopsy(s)



General Information:

Stay off your feet as much as possible today. The surgical site(s) may remain numb for up to 6-10 hours after the procedure. Slight bleeding, discoloration or drainage is normal. Please contact our office if you have any questions or concerns.

Discomfort: You can elevate your foot to help alleviate minor swelling, bleeding, and discomfort. You may also take over-the-counter pain relievers as directed. If pain or discomfort is not controlled adequately, then contact our office.

Removing the surgical bandage: Starting the day after surgery, carefully remove the dressing. To make the bandage easier to remove with little or no discomfort, saturate it with Amerigel® Wound Wash Solution (bottle). Wait several minutes then remove.

Daily dressing changes:

1. Keep the surgical site dry. Following shower or bath, thoroughly rinse the surgical site(s) with Amerigel® Wound Wash Solution (bottle) and blot dry. Apply a liberal amount of AmeriGel® Wound Dressing (tube) to the surgical site(s). Stinging may occur and is normal.
2. Trim a piece of gauze to allow for complete coverage of each surgical site. The gauze will help absorb drainage.
3. Secure the gauze in place with a fabric bandage.

CHANGE YOUR DRESSING ONCE DAILY