

**CENTRAL KANSAS PODIATRY ASSOCIATES
STATE OF THE ART PODIATRIC CARE**

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AMERIGEL® POST-OP SURGICAL KIT

Wound Care Instructions



Removing the dressing:

Carefully remove the existing dressing/gauze that is covering the wound. To make the bandage easier to remove with little or no discomfort, saturate it with AmeriGel® Wound Wash Solution (bottle). Wait several minutes then remove carefully.

Cleansing the wound:

Pour AmeriGel® Wound Wash Solution (bottle) over the wound and rinse thoroughly. Gently blot the wound dry. The wound is now ready for application of AmeriGel® Wound Dressing (tube).

Applying the AmeriGel® Wound Dressing:

After the wound has been cleansed, apply a thin coat of AmeriGel® Wound Dressing (tube) to the wound. The AmeriGel® Wound Dressing should extend about ¼" beyond the wound's edge to cover the surrounding skin.

Dressing the wound:

Moisten a 2x2 gauze with AmeriGel® Wound Wash Solution (bottle). It should be similar in dampness to a washcloth, not dripping wet by not dry. Place this dampened gauze over the wound that has been coated with AmeriGel® Wound Dressing (tube). Next, place a dry 2x2 gauze on top of the damp gauze. This will help provide a moist environment for the wound as well as additional gauze to absorb any drainage that may occur. Secure the gauze into place with a fabric bandage.

Wound Care Tips:

- 1. Keep wound dry during bathing. Change the dressing once daily.**
- 2. Do not use peroxide, povidine-iodine or alcohol on your wound unless instructed by the doctor.**
3. Some patients report a "stinging" or "burning" sensation, similar to that of hydrogen peroxide, when they initially apply AmeriGel®. This is the antimicrobial action working on the wound.
4. Increased drainage may occur and the wound may appear to get deeper with the first few applications. This is a good sign as long as they both happen together. Wounds generally heal from the inside out, becoming shallower, allowing the surrounding skin to close over the wound.